

Monday	Tuesday	Wednesday	Thursday	Friday
Hairdresser (By Appointment Only) 2 Monthly Gazette Shooters Exercise: In Madrid <b>Music with Ron</b> March Categories	3 March IQ Bingo Exercise: 2 Min Tune-Up <b>Music with Ron</b> What Tool is It?	4 The Classic Oreo Nix the Six/Bakers Rack: 5 Layer Oreo Desert Exercise: Fishing Trip Washer Toss Rhymes with...	5 Too Good to be True Bowling Exercise: Key West Workout <b>Music with Ron</b> Good News Word Match	Foot Care Nurse 9:15 6 The Art of Piet Mondrian Discard It/Art Club: Color Block Painting Exercise: Bay Swim Corn Hole <b>Crooning with Karen</b>
Hairdresser (By Appointment Only) 9 Women who Changed the World Bowling Exercise: Pass the Torch <b>Music with Ron</b> Gender Reveal	10 A Show of Hands Dice & Strikes/Art Club: Handprint Butterflies Exercise: All Weather Workout <b>Music with Ron</b> Good Things come in 3's	11 Guess that TV Show Bingo Exercise: Chair Yoga Bulls Eye Mat List it	12 What am I? Hula Hoop Challenge Exercise: Roll the Dice <b>Music with Ron</b> Word Up	13 Hooray for Hedgehogs! Elevenses/Craft Club: Paper Hedgehogs Exercise: NE Style Ice Cream Cone Toss <b>Crooning with Karen</b>
Hairdresser (By Appointment Only) 16 Modern Jeopardy Ladder Bolo Exercise: Presidential P.E <b>Music with Ron</b> This and That	17 St. Patrick's Day Five Alive/Cooking Club: Reuben Dip Exercise: Chair Boxing <b>Music with Ron</b> St. Paddy's Day Word Scramble	18 Truth of Blarney EZ Yahtzee/Bakers Rack: Lucky Charms Treats Exercise: Rain Forest Hike Bowling St. Patrick's Day Rhyme	19 Wellness: Combating Isolation Barrel Ball Exercise: Qigong <b>Music with Ron</b> Signs of Spring	20 Spring Has Sprung Bingo Exercise: In Madrid Birdie Toss <b>Crooning with Karen</b>
Hairdresser (By Appointment Only) 23 Star of the Month Bucket Brigade Exercise: 2Min Tune-Up <b>Music with Ron</b> You "Can" Do It!	24 My Fair Lady Bingo Exercise: Fishing Trip <b>Music with Ron</b> Word Changer	25 Destination: London, I Got it/Bakers Rack: Yorkshire Pudding Exercise: Key West Clown Toss Mixed-Up Landmarks	26 Hit it out of the Park! Bowling Exercise: Bay Swim <b>Music with Ron</b> Talkin' Baseball	27 National Chip & Dip Day Nix the Six/Cooking Club: Dill Pickle Dip Exercise: Pass the Torch Horse Shoes <b>Crooning with Karen</b>
Hairdresser (By Appointment Only) 30 What makes A Genius? Bowling Exercise: All Weather Workout <b>Music with Ron</b> Theory of Relativity	31 Delightful Daffodils Roll & Rhyme/Craft Club: Egg Carton Daffodils Exercise: Chair Yoga <b>Music with Ron</b> All Mixed-Up	<b>Senior Moments Adult Day Center</b>  <h1 style="color: orange;">March 2026</h1> <b>Activity Calendar</b>		

March Birthdays: Gen 3/11, Kathleen Sm 3/14, Phyllis 3/17,

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chicken Tenders w/Corn &amp; Mashed Potato</p> <p>Oreos</p>	<p>3 Soup w/Salad &amp; Roll</p> <p>Jell-O</p>	<p>4 Peanut Butter &amp; Jelly Sandwich w/Banana</p> <p>**5 Layer Oreo Desert**</p>	<p>5 Fish Sticks w/Coleslaw &amp; Roll</p> <p>Butterscotch Pudding</p>	<p>6 Sloppy Joes w/Salad</p> <p>Blueberry Muffin</p>
<p>9 Grilled Cheese &amp; Tomato Sandwich w/Veggie Chips</p> <p>Short Bread Cookies</p>	<p>10 Pancakes w/Sausage &amp; Fruit</p> <p>Rice Cake w/Peanut Butter</p>	<p>11 Turkey, Cheese, Lettuce Sandwich w/Cranberry Sauce &amp; Chips</p> <p>Ice Cream Sundae Cup</p>	<p>12 Hawaiian Meatballs w/Rice</p> <p>Cheese Crackers w/Grapes</p>	<p>13 Cranberry Chicken Salad Sandwich w/Veggie Chips</p> <p>Vanilla Wafers</p>
<p>16 Muffin w/Yogurt &amp; Fruit</p> <p>Jell-O w/Cool Whip</p>	<p>17 Irish Cottage Pie w/Gravy</p> <p>**Reuben Dip**</p>	<p>18 Meatball Grinder w/Salad</p> <p>**Lucky Charms Treat**</p>	<p>19 Grilled Cheese Sandwich w/3 Bean Salad</p> <p>Pistachio Pudding</p>	<p>20 Mac &amp; Cheese w/Mixed Veggies</p> <p>Chocolate Chip Muffin</p>
<p>23 Vegetable Soup w/1/2 Sandwich</p> <p>Ice Cream Cup</p>	<p>24 Chef Salad w/Buttered Roll</p> <p>Cookies</p>	<p>25 Turkey Chili w/Corn Bread</p> <p>**Yorkshire Pudding**</p>	<p>26 Hot Dog w/Pineapple Baked Beans</p> <p>Brownies</p>	<p>27 Chicken Parm Sandwich w/Green Salad</p> <p>**Dill Pickle Dip**</p>
<p>30 Peanut Butter &amp; Jelly Sandwich w/Bananas</p> <p>Vanilla Pudding</p>	<p>31 Fish Sandwich w/Coleslaw</p> <p>Chocolate Swirl Cookies</p>	<p><b>Senior Moments Lunch &amp; Snack Menu</b></p> <p><b>March 2026</b></p> <p>**Snacks made by Clients in the "Bakers Rack Cooking Club"***</p> 		

Rotating Menu/Substitutions available/Menu includes 5 food components/Dairy product offered with each meal/Fruit offered at Breakfast.